

Antojitos / Appetizers

Picada para 2. Snack for two	\$21.00
Salchipapa. Sausage with fries	\$7.25
Chicharron con arepa. Fried Pork Crakling with Corn Cake.	\$6.00
Chorizo con arepa. Sausage with Corn Cake	\$4.00
Papa rellena Smashed Potato filled	\$3.50
Carimañola. Fried Cassava patty filled with ground beef.	\$2.00
Maduro con queso. Sweet Plantain filled with Colombian white cheese in the middle	\$4.00



Empanadas / Patties

Empanada de Espinaca Ricotta Cheese and Spinach Baked Patty.	\$2.00	Empanada Hawaiana Hawaiian Patty.	\$2.00
Mini Empanada Mini Patty	3X \$1.50	Empanada de carne o pollo Chicken or beef colombian patty	\$1.50
Empanada de queso Cheese Patty	\$2.00	Pastel de pollo Chicken pie	\$2.00

Ordenes Extras / Side orders

Porcion de arroz Rice.	\$3.00	Porcion de Frijoles Beans	\$4.75
Maduro Sweet plantain	\$3.50	Porcion de yuca x3 Cassava x3	\$3.50
Papas a la francesa French fries	\$4.00	Arepita de maiz Small corn cake	\$0.75
Espaguetis Spaghetti	\$3.50	Ensalada Salad	\$4.00

Carne grande \$4.50
Cualquier Opcion de Carne Tamano grande / Meat Option Large Size.



DISPONIBLE EVENTOS,
BANQUETES Y FIESTAS
CATERING AVAILABLE

No include taxes / Taxes not included

Especial Sabado / Special Saturday

Sancocho de Gallina + Gallina Guisada + Ensalada + Arroz Blanco \$11.00

Lechona / Stuffed Pork \$12.00

Arroz con Pollo



Sancocho de Gallina

Platos Tipicos / Typical Dishes

Bandeja Paisa. Bandeja Paisa Plate	\$16.50
Mini Bandeja Paisa. Small Bandeja Paisa Plate	\$11.00
Carne asada Roast Beef	\$14.50
Bistec a caballo Creole Steak on Horseback	\$14.50
Higado encebollado Beef Liver with sauteed onions.	\$13.00
Higado a la criolla Ham and cheese sandwich or ham and scrambled eggs sandwich.	\$13.00
Tamal con arroz o arepa. Tamale with white rice or arepa	\$9.00
Pechuga a la plancha. Grilled Chicken Breast	\$14.00
Chuleta de cerdo o pollo empanizada. Breaded Cutlet.	\$14.00
Filete de pescado empanizada. Two(2) Breaded Fish Fillet	\$14.50
Pargo rojo frito. Fried Red Snapper	\$18.00



No include taxes / Taxes not included

La Abundancia

RESTAURANT & BAKERY



Bandeja Paisa

63-10 Broadway
Woodside NY 11377
Tel: 718-672-1515

75-02 Roosevelt Ave.
Jackson Heights NY 11372
Tel: 718-205-5021

94-19 Roosevelt Ave
Jackson Heights NY 11372
Tel: 718-335-8800

81-16 Roosevelt Ave.
Jackson Heights NY 11372
Tel: 718-205-7090

153-40 Hillside Ave
Jamaica NY 11432
Tel: 917-300-6256

37-10 Junction Blvd.
Corona NY 11368
Tel: 718-205-7923

Extra \$0.50 for container*
Prices in this menu are subject to change

Desayunos / Breakfasts

Carne asada y arepa con queso. Grilled steak and corn cake with cheese on top.	\$8.50
Huevos pericos y arepa con queso. Colombian style scrambled eggs and arepa with cheese on top.	\$8.00
Calentado con carne y huevos al gusto. Mixed rice and beans with eggs any style.	\$10.00
Calentado Con Chicharron. Mixed rice and beans and Pork Crakling.	\$9.50
Calentado Con Chorizo. Mixed rice and beans and served Colombian style pork sausage.	\$8.00
Sándwich de jamón y queso. Ham and cheese sandwich or ham and scrambled eggs sandwich.	\$4.50
Sándwich de jamón, huevo revuelto y queso. Ham, scrambled eggs and cheese sandwich.	\$5.50
Sándwich de milanesa y huevo. Corn bread filled with mayonnaise, lettuce, tomatoe slices, cheese, fried breaded chicken breast and fried egg.	\$7.50
Huevos solos al gusto. Eggs any style.	\$4.00
Arepa con queso. Corn cake with Colombian white cheese.	\$4.50



Calentado



Caldo de Costilla

Sopas / Soups ENCUENTRALOS TODOS LOS DIAS - Acompaña tus sopas con un delicioso banana - Por solo \$0.50 centavos

	Pequeña/Small	Grande/Large
Sopa de Costilla / Rib Soup. Servida con arroz / Served with rice.	\$8.00	\$10.00
Sopa de Pollo / Chicken Soup. Servida con arroz / Served with rice.	\$7.50	\$9.50
Sopa de Mondongo / Tripe Soup. Servida con arroz / Served with rice.	\$8.50	\$10.50

Almuerzo del Dia / Lunch Special ALL LUNCH SPECIALS WILL BE AVAILABLE

FROM 10 AM / ALMUERZOS DISPONIBLES A PARTIR DE LAS 10 AM - Acompaña tus sopas con un delicioso banana por solo \$0.50

Almuerzo de Lunes a Jueves \$9.50 \$10.50
Sopa de Dia + 1 Option de carne + 1 Option de Entrante + Arroz Blanco.

Arroz a la Valenciana \$10.00

No include taxes / Taxes not included

Bebidas Frias / Cold Beverage

Ice Coffee	Sodas
Milo. Colombian style milk chocolate	Agua en botella Poland Spring Bottle of water
Avena de La casa Signature Oatmeal	Pony malta personal
Agua panela con limón Infusion of hardened molasses with lemon	

Bebidas Calientes / Hot Beverages

Café / Coffee
Chocolate Grande. Colombian Style Chocolate Infused with Cinnamon
Milo caliente Famous Hot Milk Chocolate Brand.
Avena de la casa Hot signature oatmeal

Te / Tea	Agua panela con queso Infusion of Hardened Molasses served with chese
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Jugos Naturales / Natural Juice

Jugo de Naranja Orange Juice	Naranja y Zanahoria Orange and Carrot
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Jugos y Batidos de Frutas / Fruit Juices and Smoothies

Agua/Water • Leche/Milk
Maracuyá / Passion Fruit
Mora / Blackberry
Guanábana / Soursop
Guayaba / Guava
Fresa / Strawberry
Lulo
Mango

Tortas Y Postres / Cakes & Desserts



Flan
Postre de tres leches Tres leches cake
Torta blanca Vanilla pound cake
Maracuya Passion Fruit
Arroz con Leche Rice Pudding
Cheese cake

No include taxes / Taxes not included

Servicio para Banquetes y Fiestas / Service for Banquets and Parties

Empanadas y Mini Empanadas de Carne y Pollo
Empanadas Hawaianas, Queso, Espinaca

Pasteles de Pollo Patties & Appetizers
Papas Rellenas
Carimañola



Catering Available for all Occasion!



¡Ordene A Tiempo!



La Abundancia
RESTAURANT & BAKERY